

# PULSE WELFARE SOCIETY

## ANNUAL REPORT

**2019-20**

**78-B, DDA FLAT, MATA SUNDRI ROAD NEW DELHI-110002**

# INTRODUCTION

PULSE WELFARE SOCIETY located at 78/B, DDA Flats, Mata Sundri Road, New Delhi - 110002, is a registered Society, registered under Societies Registration Act 1860 vide registration No. 56423 of 2006, dated 28th August, 2006.

It was established by a group of likeminded social workers who has been working in the fields of basic health, Art & culture, education, environmental protection, rural development, women empowerment and human rights. Organization began with very limited resources as well as manpower the organization aims to empowerment of the economically weaker & socially marginalized section of the society through capacity building of the people.

## PREFACE

The Annual Report 2019-2020 of **“Pulse Welfare Society”** constitutes a brief narration about the activities undertaken by the society during the fiscal year 2019-2020. The report enumerates in it the sincere and effective attempts made by **“Pulse Welfare Society”** over the year to carry on with a number of its objectives embodied in the bye-laws. The report also expresses the extent of trust of the organization for the all-round development of the rural mass, the down trodden and the neglected sections of the society through a series of initiatives.

**“Pulse Welfare Society”** the name signifies, has mobilized its endeavor for growth of education with particular emphasis on health, education, environmental protection, rural development, women empowerment and human rights. Organization began with very limited resources as well as manpower. The organization aims to the society through capacity building of the people. But apart from this, **“Pulse Welfare Society”** has not forgotten to see the community is much strengthened with provision of basic human needs, minimum amenities of life on equitable basis.

A healthy mind in a healthy body is more desirable than anything else in life. **“Pulse Welfare Society”** has taken much care to improve health and sanitation through adequate awareness.

Social justice is never possible without proper equitable distribution of the country's resources. **“Pulse Welfare Society”**, therefore has put up much of its endeavor to see to see that the assistance and support of Govt. and Non-Govt. organizations meant for the public good must reach their appropriate destinations.

It is our immense pleasure to place the Annual Report before all our patrons, well-wishers and also critics from whom we imbibe a lot for our growth support and substance.

I express my sincere thanks to the resource person and experts for sharing their views and experiences in various programs conducted by **“Pulse Welfare Society”**. I also accord my heartfelt gratitude to the development agencies, govt. officials and well-wishers for the co-operation and support they have extended in materializing our objectives.

- **Md. Habibur Rahaman,**  
**Secretary**

**LEGAL STATUS**

Registration Under	Societies Registration Act 1860
Registered on	56423 of 2006 dated 28th August, 2006.
Registered by	Registrar of Societies, Govt. of NCT of Delhi
Income Tax Return	Organization files Income Tax Return every year to the Income Tax Department
FCRA No.	<b>231661099</b>
80-G (5) (VI) No.	DIT (E) I 2010-11/316 DEL-PE21899-19052010
12-A No.	DIT (E) I 2010-11/200 DEL-PR20768-19052010

### **CONTACT DETAILS**

Chief Functionary name	Mohd. Habibur Rahaman
Phone No	Ph. No. 011-23210628, 23230394 Mob. No.- 09999098111 / 9868506876
Email Id	pulse_service@yahoo.com
Website	www.pws.org.in

### **BANKER'S DETAILS**

Name of Bank	Axis Bank
Branch Name	Chandni Chowk (Delhi)
Branch Address	Address : 230b,231,232 & 230a, Coronation Hotel Building, Chandni Chowk 110006
Branch Code :	000254 (Last 6 Characters of the IFSC Code)
Account Name	Pulse Welfare Society
Account Type	Savings Account
Account Number	910010013355873
IFS Code	UTIB0000254 (5th character is zero)

MICR Code

110211028

## **ACCOUNTS AND AUDIT ARRANGEMENTS**

Pulse Welfare Society regularly conducts its accounts and brings out audited statement of accounts at the close of every financial year. The audited statement of accounts for the last 3 years is attached herewith. The name of the auditor and his office address with contact details are as follows:

**MOIN-UL-HAQ  
(CHARTETERED ACCOUNTANTS)**

Office No. 201, Building No. – 5096,  
Main Bazar Paharganj, New Delhi – 110055  
Tel: 011-23580076

## **ORGANIZATION FINANCIAL STATUS OF LAST THREE YEAR**

<b>Financial Year</b>	<b>Income &amp; Expenditure</b>	<b>&amp; Receipts Payments</b>	<b>&amp; Surplus</b>
<b>2017-2018</b>	4854288.00	5354508.00	83029.25
<b>2018-2019</b>	4589239.00	5170999.00	40564.55

## **ASSETS OF ORGANIZATION**

- Building**
- Furniture**
- Computers**
- Water coolers**
- Transport**
- Books**
- Health Equipments**
- Printer and Phone**

## **ACTIVITIES**

**SWACHH BHARAT ABHIYAN PROGRAMME**  
**BETI BACHAO BETI PADAU PROGRAMME**

### **BOOK FAIR CAMP**

Book fair was conducted on 19<sup>th</sup> to 21<sup>st</sup> Feb 2019. It's a very motivated fair in this fair more than 10 publisher come and takes part in that fair. 800 people come take it as valuable fair. They enjoy every part of that fair and they learn more about books specially youth.

### **CHILD LABOUR AWARENESS CAMP**

Child Labour is a matter of concern. Due to poverty many children in Delhi are forced to work as child labours. We work with a firm conviction that no child works and that all children in the 5-14 years age group must be in school. In other words we recognize the inextricable link between the program for universalization of education and abolition of all forms of child labour. We follows an 'area-based approach' as against a target based approach. It seeks to address the rights of the entire universe of children- both in school and out of school- in the 5-14 years age group in its area of operation i.e. New Delhi.

### **TELECOM TRAINING PROGRAMME**

Telecom Training Programme: The Society has been conducting Telecom Training course with own fund of the society and providing training on every Telecom sector Keeping the importance of Telecom Technical in mind and Telecom training and telecom for Engineers and Non-Engineers. Pulse Welfare Society has initiated Retailer Training Programme for young boys and girls. There is one center is being run in which 15 trainees are getting training.

### **EDUCATIONAL PROGRAMME**

Pulse Welfare Society has to impart many kinds of learning to women and Child and Specially Blind Student like the learning of concepts, rules and principles, aesthetic discrimination etc., through problem solving and other skills. Inherent to the acquisition of these Kinds of learning are the development of the right of the right attitude and values.

It is important to realize that values can't not be entirely taught as a subject in school and the inculcation of values can do it be left only to the moral science or value education teacher. Every teacher of this society is equally responsible for this undertaking inside and outside the classrooms, for value education.

There are many procedure & influences through which a child forms its attitude and values.

The school & teacher is certainly one of the most important of these influences and it's worthwhile to find out the ways in which a school can most effectively carry out this duty.

In the year 2019, Educational Program for beneficiaries was organized. Resource persons were present for giving information to beneficiaries in the program. More than 300 beneficiaries attended the program. Besides, we educated them on various issues.

### **BOOKS & STATIONARY DISTRIBUTION CAMP**

Pulse Welfare Society undertook the program of distribution Stationary (Education Material) to School throughout the year. Free Distribution of Stationary (Education Material) as a book copy pencils Eraser Shopner, Trust arrange to the people including for backward SC, ST, and OBC.

### **SKILL DEVELOPMENT TRAINING PROGRAMME**

Pulse Welfare Society is introducing various job-oriented training courses through its skill development training program. Right now we are providing training in data entry training. We aim to conduct various training program to create the requirement of skilled / semi-skilled manpower in the concerned field. Our aim at vocationalisation of higher secondary education. In future our designated trades for the technician (vocational) apprentices will be Office Management and Pre-School & Crèche Management.

**The Venue for the Skill Development Training Programme:**

**RAAFIAH COLLEGE OF EDUCATION in Rural Area of Sahaswan, District Badaun Uttar Pradesh.**

Address: Raafiah College of Education, Sahaswan Bisouli Road, Near Dak Bangla (Petrol Pump), Post Sahaswan, Budaun U.P. 243638.

### **FUNDAMENTAL EDUCATION FOR CHILDREN**

In Raafiah College of Education in Rural Area of Sahaswan, District Badaun of Uttar Pradesh State, various program are organized to provide fundamental education to children. Three such program were organized in 2018-19.

### **DESIGN & TECHNICAL DEVELOPMENT PROGRAMME**

Technical skill training was provided of Pulse Welfare Society to its beneficiaries in Malda District in West Bengal in 2019-2020.

We have evolved a number of innovative approaches to presenting the technical development content and skills, through systems that are complementary to the services offered by government agencies.

The end result of this field-based approach to the design of educational and development activities is programs which are owned and implemented by program beneficiaries—a product of their involvement in the process, of growing self-confidence and of mastery of the skills and technical information needed to do the job.

We have put efforts for linking non-formal education to development by working with professionals from technical sectors on linking non-formal education to development activities. We took assistance from the technical sectors to enhance their own programming.

We have provided training in vocational skills such as mobile repairing and electrical goods repairing so that the beneficiaries can become self-sufficient and earn a living.

#### **MICRO FINANCE PROGRAMME**

##### **SILK SAREE MAKING**

Pulse Welfare Society also participates in silk saree making. The women beneficiaries are a part of this programme. Whatever earning is made from silk saree making is distributed among the women beneficiaries. Silk Saree making helps the women in becoming self-sufficient.

##### **PLANTATION OF MANGO TREES**

Pulse Welfare Society activities also include plantation of mango trees. The women beneficiaries are a part of this programme. We make mango saplings from mango seeds. Then we sell the saplings in the market. Whatever earning is made from the sale of mango saplings is distributed among the beneficiaries.

##### **SILK YARN SPINNING**

Pulse Welfare Society also takes part in silk yarn spinning for silk saree making. The women beneficiaries are a part of this programme.

#### **RETAILER TRAINING PROGRAMME**

Retailer Training Programme: The Society has been conducting Retailer Training course with own fund of the society and providing training on every retail sector. Keeping the importance of retail education in mind, Pulse Welfare Society has initiated Retailer Training Programme for young boys and girls. There is one center is being run in which 15 trainees are getting training.

#### **WORKSHOP, SEMINAR FOR AWARENESS ON HANDICRAFTS**

Pulse Welfare Society conducted three craft-specific workshops to help artisans with new designs, tools, technology, techniques, raw material, etc. In these workshops we have had Indian consultants coming together to work with groups of 20-50 artisans at a time in Malda district in West Bengal. Our main focus is on handicrafts made out of bamboo cane and jute. We have been working with artisans using stone, wood, low-cost jewellery, glass, puppetry, traditional art, etc.

#### **AWARENESS CAMP ON FOOD CONSUMER WELFARE ACTIVITY**

Many children in the BPL families are suffering from malnutrition. Awareness Camp on the importance of healthy diet and food was organized in Malda district in West Bengal in February 2018.

Pulse Welfare Society has been playing a pioneering role for the welfare of the consumers at the national level. It has been organizing comprehensive integrated multi-pronged program to protect and promote the rights of the consumers of Delhi and West Bengal, especially the unaware and vulnerable sections.

Information was disseminated on various components of consumer affairs activities in the country such as redressed Agencies and Their Functioning, Consumer Protection act. etc.

#### **ART & CULTURE ACTIVITIES**

Pulse Welfare Society works to promote high value of humanity, brotherhood, peace and harmony among people through cultural development activities. It works to create an environment of communal harmony and national integration in its working areas. In this context several activities like, Independence Day Celebration, Republic Day Celebration, Cultural Shows in Evening, Performance of Folk Music and Dance, Stage and Street Plays, and PWS Annual Day Celebration are being organized in the working areas. Sometimes Society organizes cultural programme to promote peace messages. Society also organizes cultural events among children and adolescents to make them understand the diversity in culture in the country. We conduct awareness talks among students on the relevance and significance of different festivals of all religions. It creates a harmonious atmosphere among students as start knowing the importance and significance of the religions, which he/she does not belong.

#### **COMPUTER TRAINING PROGRAMME**

Computer Training Program is organized in **RAAFIAH COLLEGE OF EDUCATION** in Rural Area **Sahaswan, Badaun District Uttar Pradesh** to improve the educational and socio-economic conditions of the marginalized communities through voluntary efforts.

Computer training was given to 50 beneficiaries to upgrade skill to enable them to start Income generating activities on their own or get gainfully employed in some sector or the other.

#### **POWER LOOM AWARENESS PROGRAMME**

We held a seminar for weavers on the subject “Efficiency Improvement in Textile Power looms” in December 2018. About 250 persons participated in the seminar.

We held seminars and lectures for school teachers and students for awareness programme on Energy Conservation and how to save electrical energy and also how to carry out Energy Audit in school, home and society. About 120 teachers and 500 students from three different districts of West Bengal participated.

#### **CAMP FOR EMPOWERMENT OF WOMEN**

We organized workshops for gender sensitivity and women safety in **Mata Sundari Road in New Delhi on 23<sup>rd</sup> September, 2018**. The comprehensive program made women aware such as identifying danger signs, trusting your intuition, dealing with sexual harassment at work places, staying alert, mitigating risks while on roads, simple moves & presence of mind to protect yourself.

The key is how to manage one's fear and leverage one's fight or flight response to become more effective, how to confront, negotiate, diffuse conflict and use appropriate communication.

Also debating on common perception of learning self-defense techniques for use in all situations or running away or negotiating with attackers is a better option.

#### **ENVIRONMENTAL AWARENESS PROGRAMME**

As far as work for environmental issues are concerned, Pulse Welfare Society has been working for creating program particularly among youth & children about various issues of environmental concern in its working areas. Awareness activities are being organized among School going & non-school going children both. Environmental Pollution Prevention Camp was organized.

#### **RURAL DEVELOPMENT PROGRAMME**

Pulse Welfare Society arranged a programme in **Rural Area Sahaswan Badaun District Uttar Pradesh & Rural Area of Delhi** for rural development in which society delivered some awareness, demonstration, practicals etc. for the Drinking water. Society helps them to make rain water harvesting process and also teach them about it. This is come to notice that all people who attended the programme are now using same process. Society also teaches them about the how they can save valuable Drinking Water the help of each other.

This water harvesting camp also helped the poor farmers and people and resolves their problem of drinking water also. Through this now they are able to get water in that period in which they can't think about it. This type of work give us boost to do other rural developments for the poor families so that we use to teach them time to time and also give them support to do that work which can be beneficial for them. This programme also development and presented by our **Secretary Mohd. Habibur Rahaman** who thinks that the low section is the base of our future India which needs to get our help. The poor farmers who are not able to get the seeds for their field only can survives on labour work in other rich farmer fields. Our Society give them normal direction what should they can do or not do in their field and get benefit of it. Because laboring is not the survival method for long term in their life.

Pulse Welfare Society follow practically proved strategies like grouping the women, improving collection activities, saving and thrift culture, micro credit, bank linkage, arrange micro finance service, mitigate borrowing from the local money lenders, improving the skill of women, counselling, entrepreneur.

#### **VOCATIONAL TRAINING PROGRAMME**

Vocational Training was provided to the youth in many districts in West Bengal. Vocational training for skill development of the youth was provided to the poor youth in West Bengal so that they can earn a livelihood to sustain themselves and their families.

Vocation Training for women are being organized to make them self-reliant through initiating their own small business. For this skill development of the beneficiaries is very important and necessary. If women are financially independent, she can look after the wellbeing of her entire family. Keeping this though in the mind, vocational training for women was started by the organization. Gradually vocational training run by Pulse Welfare Society has started receiving good and warm response from the beneficiaries' side. Now a day it is a successful and self-sustain program of the organization.

#### **EMPLOYMENT GENERATION PROGRAMME**

Every year training is provided to the targeted beneficiaries in Malda District in West Bengal with the following objectives:-

1. To enable groups of women to enhance their earning capacity by employment-Cum-income generation programs,
2. To train them in managerial entrepreneurship and marketing skill so that both backward and forward linkages can be established,
3. To help in asset formation in income generation.

#### **HANDICRAFT PROGRAMME**

Pulse Welfare Society conducted three craft-specific workshops to help artisans with new designs, tools, technology, techniques, raw material, etc. In these workshops we have had Indian consultants coming together to work with groups of 20-50 artisans at a time in **New Delhi**. Our main focus is on handicrafts made out of bamboo cane and jute. We have been working with artisans using stone, wood, low-cost jewellery, glass, puppetry, traditional art, etc.

#### **HIV/AIDS AWARENESS CAMP**

This Organization organized HIV/AIDS awareness public 6 camps were organized in West Bengal. We provided information for taking precaution from HIV/AIDS and told about safe sexual methods. We



also distributed leaf-lets and organized songs & drama based on HIV / AIDS.

# **PULSE WELFARE SOCIETY**

## **Activity Report The Year 2020-21**

### **OFFICE ADDRESS:**

**78-B, DDA FLAT, MATA SUNDRI ROAD**

**NEW DELHI-110002**

**Cont. No- 09999098111 / 9868506876**

# INTRODUCTION

**PULSE WELFARE SOCIETY** located at 78/B, DDA Flats, Mata Sundri Road, New Delhi -110002, is a registered Society, registered under Societies Registration Act 1860 vide registration No. 56423 of 2006, dated 28th August 2006.

It was established by a group of like-minded social workers who have been working in the fields of basic health, Art & culture, education, environmental protection, rural development, women empowerment, and human rights. The organization began with very limited resources as well as manpower the organization aims to the empowerment of the economically weaker & socially marginalized section of the society through capacity building of the people.

## PREFACE

The Annual Report 2020-2021 of "**Pulse Welfare Society**" constitutes a brief narration about the activities undertaken by the society during the fiscal year 2020-2021. The report enumerates in it the sincere and effective attempts made by "**Pulse Welfare Society**" over the year to carry on with a number of its objectives embodied in the bye-laws. The report also expresses the extent of trust of the organization for the all-around development of the rural mass, the downtrodden, and the neglected sections of the society through a series of initiatives.

"**Pulse Welfare Society**" the name signifies, has mobilized its endeavor for growth of education with particular emphasis on health, education, environmental protection, rural development, women empowerment, and human rights. The organization began with very limited resources as well as manpower. The organization aims to the society through capacity building of the people. But apart from this, "**Pulse Welfare Society**" has not forgotten to see the community is much strengthened with the provision of basic human needs, minimum amenities of life on an equitable basis.

A healthy mind in a healthy body is more desirable than anything else in life. "**Pulse Welfare Society**" has taken much care to improve health and sanitation through adequate awareness.

Social justice is never possible without proper equable distribution of the country's resources. "**Pulse Welfare Society**", therefore has put up much of its endeavour to see that the assistance and support of Govt. and Non-Govt. organizations meant for the public good must reach their appropriate destinations.

It is our immense pleasure to place the Annual Report before all our patrons, well-wishers, and also critics from whom we imbibe a lot for our growing support and substance.

I express my sincere thanks to the resource person and experts for sharing their views and experiences in various programs conducted by "**Pulse Welfare Society**". I also accord my heartfelt gratitude to the development agencies, govt. officials and well-wishers for the co-operation and support they have extended in materializing our objectives.

- **Md. Habibur Rahaman,**  
**Secretary**

## **ASSETS OF ORGANIZATION**

1. Building
2. Furniture
3. Computers
4. Water coolers
5. Transport
6. Books
7. Health equipment's
8. Printer and Phone

## **ACCOUNTS AND AUDIT ARRANGEMENTS**

Pulse Welfare Society regularly conducts its accounts and brings out the audited statement of accounts at the close of every financial year. The audited statement of accounts for the last 3 years is attached herewith. The name of the auditor and his office address with contact details are as follows:

**RAJU JINDAL**

(CHARTERED ACCOUNTANTS)

Head Office: B-3/251, Sector-6, Rohini, Delhi-110085

Branch: Y-589, Mangol puri

New Delhi – 110083

Tel: 011-45281122

**LEGAL STATUS**

<b>Registration Under</b>	<b>Societies Registration Act 1860</b>
<b>Registered on</b>	<b>56423 of 2006 dated 28th August, 2006.</b>
<b>Registered by</b>	<b>Registrar of Societies, Govt. of NCT of Delhi</b>
<b>Darpan Registration No</b>	<b>DL/2017/0115450</b>
<b>Income Tax Return</b>	<b>Organization files Income Tax Return every year to the Income Tax Department</b>
<b>Under Foreign Contribution (Regulation) Act 1976 (Under Ministry of Home Affairs)</b>	<b>231661099</b>
<b>80-G (5) (VI) No.</b>	<b>DIT (E) I 2010-11/316 DEL-PE21899-19052010</b>
<b>12-A No.</b>	<b>DIT (E) I 2010-11/200 DEL-PR20768-19052010</b>

**CONTACT DETAILS**

<b>Chief Functionary name</b>	<b>Mohd. Habibur Rahaman</b>
<b>Phone No</b>	<b>Ph. No. 011-23210628, 23230394 Mob. No.- 09999098111 / 9868506876</b>
<b>Email Id</b>	<b>pulse_service@yahoo.com</b>
<b>Website</b>	<b>www.pws.org.in</b>

**BANK ACCOUNT DETAILS**

<b>Name of Bank</b>	<b>Axis Bank</b>
<b>Branch Name</b>	<b>Chandni Chowk (Delhi)</b>
<b>Branch Address</b>	<b>Address : 230b,231,232 &amp; 230a, Coronation Hotel Building, Chandni Chowk 110006</b>
<b>Branch Code</b>	<b>000254</b>
<b>Account Name</b>	<b>Pulse Welfare Society</b>
<b>Account Type</b>	<b>Savings Account</b>
<b>Account Number</b>	<b>910010013355873</b>
<b>IFSC Code</b>	<b>UTIB0000254 (5th character is zero)</b>
<b>MICR Code</b>	<b>110211028</b>

## **FCRA BANK ACCOUNT DETAILS**

<b>Name of Bank</b>	<b>State Bank of India</b>
<b>Branch Name</b>	<b>Sansad Marg (Delhi)</b>
<b>Branch Address</b>	<b>State Bank of India, New Delhi Main Branch, 11, Sansad Marg, New Delhi 110001</b>
<b>Branch Code</b>	<b>00691</b>
<b>Account Name</b>	<b>Pulse Welfare Society</b>
<b>Account Type</b>	<b>Savings Account</b>
<b>Account Number</b>	<b>39818965598</b>
<b>IFSC Code</b>	<b>SBIN0000691</b>

### **FOLLOWING ARE THE ACTIVITIES CONDUCTED DURING THE YEAR 2020-2021:**

The year 2020-21 was not a good year for all over the world; due to covid-19, many people lost their job we as a Pulse Welfare Society family during covid-19 we were able to support my family by providing their daily food supplies. And other medical supplies for the people who suffered from Covid-19.

#### **1. MASK DISTRIBUTION AND SANITIZER DISTRIBUTION FOR COVID-19:**

The current coronavirus (covid-19) outbreak continues to spread, with growing numbers of confirmed cases in Delhi and West Bengal, Pulse Welfare society decided to aware people stay home and safe work through distribution of masks, soaps, hand sanitizer amongst the resourceless communities of Delhi and West Bengal to control the spread of Novel coronavirus. During this pandemic, the society provided packet meals to the daily wage workers and domestic help who have been rendered jobless in the current situation. PWS is also carrying out awareness campaigns about the importance of maintaining social distance.

The Covid-19 pandemic has been a difficult situation for all. During the Lockdown period, people had to stay indoors with no jobs and no means of earning. In July 2020 Pulse Welfare society has come forward to provide food to daily wagers, the homeless, and other people affected by the nation-wide lockdown in Delhi and West Bengal because of the Covid-19 pandemic.

We distributed around 500 families of food items to the people in the Malda District of West Bengal state and different parts of Delhi. Volunteers were also taking necessary precautions by wearing gloves and face masks and using sanitizers during food distribution. The main aim of this initiative was to help people during their difficult times and reduce hunger death.

## **2. FREE MEDICINE DISTRIBUTION CAMP FOR COVID-19:**

Pulse Welfare society Organized a medicine distribution camp at Barakhamba, Delhi in the month of August 2020, our society distributes medicines to needy and economically weaker people at our locality. We also run health check-up camps to help needy people in 2020-21. We distribute approximately five hundred people in the locality and our motive is to help more people in the future.

## **3. HEALTH AWARENESS PROGRAM FOR COVID-19:**

The society conducted a Health awareness program on covid-19 on the 24th of May 2020. The society decided to go ahead and call for a small gathering while strictly following social distancing at the village PHSC (Physical Health sub-center). Total numbers of 2 nurses and two Aganwadi staff got together to educate the local/members of Pulse Welfare society, largely consisting of women about Covid-19 and the significance of personal hygiene.

Thus, the program focused on the importance of washing hands while two nurses volunteered to demonstrate how to wash one's hands properly, Secondly, they focused on the importance of social distancing. The society president distributes masks, soaps, sanitizers to the ones gathered for the day.

## **4. ATMANIRBHAR BHARAT AWARENESS PROGRAM:**

Our Society organized an Atmanirbhar Bharat Awareness for rural women, youth, and self-help groups in September 2020. The main aim of this meeting was to tell the responsibilities to the members of the group and how can they become able to integrate the people of the society and we're always ready to solve the problems. The members appreciated this program very much.

## **5. MINORITY AWARENESS PROGRAM:**

The organization is organized 2 days long Multi Minority Awareness and Cultural Program at Malda District of West Bengal state. 120 numbers Participants from nearby various areas of Malda, West Bengal have participated and exchanged and shared their culture by performing various cultural programs like a folk songs, drama, dances, etc. The organization invited Resource persons from various fields and they delivered valuable lectures and also group discussions of various youth-related issues.

## **6. BETI BACHAO BETI PADRAO AWARENESS PROGRAMME:**

The 'BETI BACHAO, BETI PADHAO' program is the best solution to address the status of women as a high number of secondary school dropouts. Currently, girls are less likely to complete their education and have only half the probability of getting enrolled in school compared to boys. Without education, girl children choose to deliver early and experience delivery-related complications and witness children born with a low survival rate.

#### **7. EDUCATION AWARENESS PROGRAM:**

Our society focuses on education for children, especially the most vulnerable, and 3year to 14 years. Education plays a very crucial role in the life of human beings, we want to be aware of the people about education and want to educate as many people we can literate.

Pulse Welfare Society has to impart many kinds of learning to women and Children and Specially Blind Students like the learning of concepts, rules, principles, aesthetic discrimination, etc., through problem-solving and other skills. Inherent to the acquisition of these Kinds of learning is the development of the right attitude and values. It is important to realize that values cannot be entirely taught as a subject in school and the inculcation of values can do it be left only to the moral science or value education teacher.

#### **8. SKILL DEVELOPMENT TRAINING AWARENESS PROGRAM**

Pulse Welfare Society is introducing various job-oriented training courses through its skill development training program. Presently we are providing training in data entry training. We aim to conduct various training programs to create the requirement of skilled / semi-skilled manpower in the concerned field. We aim at the vocationalization of higher secondary education. In the future, our designated trades for the technician (vocational) apprentices will be Office Management and Pre-School & Crèche Management.

**The Venue for the skill development training program:**

**RAAFIAH COLLEGE OF EDUCATION in Rural Area of Sahaswan area of Badaun District of Uttar Pradesh State.**

Address: Raafiah College of Education, Sahaswan Bisouli Road, Near Dak Bangla, Post Sahaswan, Budaun U.P. 243638

#### **9. FUNDAMENTAL EDUCATION FOR CHILDREN:**

Society organized a fundamental education program for children with the help of Raafiah College of Education in Rural Area of Sahaswan area of Badaun District of Uttar Pradesh; various programs were

organized to provide fundamental education to children. Four such programs were organized in the year 2020-2021.

#### **10. SWACH BHARAT ABHIYAN PROGRAM:**

- Our society could also adopt certain villages or areas in requirement of proper sanitation facilities and carry on the cleanliness on the cleanliness drive in those areas.
- Society could also work closely with the municipality to execute a daily cleaning plan in a certain area.
- Many a time's our societies are authorized to collect money from houses and use it to arrange for segregation and separation of waste products.
- Many time's societies even visit schools to teach the children the importance of cleanliness.
- Society can also facilitate workshops on how to recycle and re-use non-biodegradable wastes into livelihood programs.

#### **11. ART & CULTURAL ACTIVITIES PROGRAM:**

Pulse Welfare Society works to promote the high value of humanity, brotherhood, peace, and harmony among people through cultural development activities. It works to create an environment of communal harmony and national integration in its working areas. In this context several activities like, Independence Day Celebration, Republic Day Celebration, Cultural Shows in Evening, Performance of Folk Music and dance, stage and street plays, and on 28<sup>th</sup> August Annual Day Celebration of Pulse Welfare Society are being organized in the working areas. Sometimes Society organizes a cultural program to promote peace messages. The society also organizes cultural events among children and adolescents to make them understand the diversity in culture in the country. We conduct awareness talks among students on the relevance and significance of different festivals of all religions. It creates a harmonious atmosphere among students as start knowing the importance and significance of the religions, which he/she does not belong.

#### **12. CHILD LABOUR AWARENESS CAMP:**

Child Labour is a matter of concern. Due to poverty, many children in Delhi are forced to work as child labourers. We work with a firm conviction that no child works and that all children in the 5-14 years age group must be in school. In other words, we recognize the inextricable link between the program for universalization of education and the abolition of all forms of child labour. We follow an 'area-based approach' as against a target-based approach. It seeks to address the rights of the entire universe of children- both in school and out of school- in the 5-14 years age group in its area of operation i.e. New Delhi.

### **13. POWER LOOM AWARENESS CAMP:**

We held a seminar for weavers on the subject "Efficiency Improvement in Textile Power looms" in **October 2020**. About 200 persons participated in the seminar. Also, we held seminars and lectures for school teachers and students for an awareness program on Energy Conservation and how to save electrical energy and also how to carry out Energy Audit in school, home, and society. About 120 teachers and 500 students from three different districts of West Bengal participated.

### **14. BOOK AND STATIONARY DISTRIBUTION CAMP:**

For the needy and smart students, our Pulse Welfare Society organized an education Stationery item distribution program. A total of around 75 numbers of boys and girls were distributed educational material by the organization which included pens, pencils, copy, scale, etc. which were received and there was a wave of happiness on the face of boys and girls. They needed this teaching material, and now it is as if the incomplete dream of these children has been filled.

### **15. WORKSHOP, SEMINAR FOR AWARENESS ON HANDICRAFT:**

Pulse Welfare Society conducted three craft-specific workshops to help artisans with new designs, tools, technology, techniques, raw material, etc. In these workshops, we have had Indian consultants coming together to work with groups of 30-40 artisans at a time in the **Malda district in West Bengal**. Our main focus is on handicrafts made out of bamboo cane and jute. We have been working with artisans using stone, wood, low-cost jewellery, glass, puppetry, traditional art, etc.

### **16. AWARENESS CAMP ON FOOD CONSUMER WELFARE ACTIVITY:**

Many children in BPL families are suffering from malnutrition. Awareness Camp on the importance of a healthy diet and food was organized in the Malda district in West Bengal in January 2021.

Pulse Welfare Society has been playing a pioneering role for the welfare of the consumers at the national level. It has been organizing a comprehensive integrated multi-pronged program to protect and promote the rights of the consumers of Delhi and West Bengal, especially the unaware and vulnerable sections.

Information was disseminated on various components of consumer affairs activities in the country such as redressed Agencies and Their Functioning, Consumer Protection act. etc.

### **17. DESIGN AND TECHNICAL DEVELOPMENT PROGRAMME:**

Our fundamental aim is focused on fulfilling the current design needs of the market and aims to expand new designs/prototypes as in step with gift requirements of the handicraft sector using existing skills of

artisans. Society running a training center for women and teenagers, the training center specializes in embroidery, knitting, and handicraft. The main objective of the training is to provide awareness on the system of works and management. During this year, 150 nos. beneficiaries are getting training. This program for rural youths (both Women & girls) has been a very useful initiative from the organization in terms of rejuvenating the traditional skill and generating employment-cum-income among the rural poor beneficiaries. The organization has very efficient and qualified vocational instructors who are giving training to the beneficiaries. Stanching Program for women is being organized to make them self-reliant through initiating their own small business.

If women are financially independent, she can look after the wellbeing of her entire family. Keeping this benefit in the mind, regular stitching training opportunities for women were started by the organization in different states.

### **18. EMPLOYMENT GENERATION PROGRAMME:**

Like Every year job training is provided to the targeted beneficiaries in Malda District in West Bengal with the following objectives:-

1. To enable groups of women to enhance their earning capacity by employment-cum-income generation programs,
2. To train them in managerial entrepreneurship and marketing skills so that both backward and forward linkages can be established,
3. To help in asset formation in income generation.

### **19. RURAL DEVELOPMENT PROGRAMME**

Pulse Welfare Society started a rural development program for the betterment of community people with help of non-government/government agencies and community participation. For this purpose, Trust conducted a lot of activities like Awareness programs on various issues, Technology development, Formation of self-help groups among women.

Now from the last few years, our organization is working on the same field for rural development as well as rural economic development through women empowerment. This program seeks to increase their economic self-sufficiency and social empowerment, eventually leading to their dynamic participation in society.

The Empowerment of the women in the field of Vocational training and education would solve most of their problems and give them self-sufficiency. Pulse Welfare Society works for sustainable Income Generation activates for BPL groups, women & other weaker sections through forming SHGS.

We provide trading in a different trade, Organizational Management, accounting & Baking. We also provide information recanting good schemes & procedures. We help in opening bank account & operation.

#### **20. MICROFINANCE PROGRAMME:**

Pulse Welfare Society works for sustainable Micro Finance Program activates for BPL groups, women & other weaker sections through forming SHGS. We provide trading in a different trade, Organizational Management, accounting & Baking. We also provide information recanting good schemes & procedures. We help in opening bank account & operation. We also helped in the preparation of viable bankable project reports for SHGS & individual enter premiers. New we formed SHGS in the following Areas:-

**a) Cutting and Tailoring**

**b) Weaving & Spinning**

#### **21. ENVIRONMENT AWARENESS PROGRAMME:**

The society organized a camp at district on world environment day to discuss the impact of growing pollution on human health and the environment. The eminent speakers disused the factors leading to an increase in all types of pollution including water air and sound Pollution. It was felt that there is a need to speed the process of removing old vehicles Reduce the use of plastics, compulsory use the effluent treatment plants by controlling the pollution. On the same day, the society organized a program comprising of a painting contest and participates of different schools. At the end of the program, prizes were distributed among the winners of the contest.

#### **22. CAMP FOR WOMEN EMPOWERMENT:**

On the 15th of August 2020, the committee conducted an awareness program for the right of women empowerment. The program was conducted with the aim to make people aware of the rights of women and generate consciousness for women's empowerment. Thus, it aimed to encourage active participation in social, political, environmental processes while combating human trafficking and domestic violence, and atrocities against women. The resource person also spoke in length about healthy girl children and women. The program was also attended by nurses of village PHSC and ASHA along with the locals of the village.

#### **23. HIV/AIDS AWARENESS CAMP:**

The PHSC in collaboration with the society conducted an awareness program on 2nd December 2020. It was made mandatory for the locals to attend especially the youths. The locals who attended were

educated on what HIV Aids is and how we can contract the various through infected blood, semen, and sexual contact. Then locals were enlightened about safe and protected sex and the use of condoms.

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# PULSE WELFARE SOCIETY

## ANNUAL REPORT

**2018-19**

**78-B, DDA FLAT, MATA SUNDRI ROAD NEW DELHI-110002**

# INTRODUCTION

PULSE WELFARE SOCIETY located at 78/B, DDA Flats, Mata Sundri Road, New Delhi - 110002, is a registered Society, registered under Societies Registration Act 1860 vide registration No. 56423 of 2006, dated 28th August, 2006.

It was established by a group of likeminded social workers who has been working in the fields of basic health, Art & culture, education, environmental protection, rural development, women empowerment and human rights. Organization began with very limited resources as well as manpower the organization aims to empowerment of the economically weaker & socially marginalized section of the society through capacity building of the people.

## PREFACE

The Annual Report 2017-2018 of **“Pulse Welfare Society”** constitutes a brief narration about the activities undertaken by the society during the fiscal year 2017-2018. The report enumerates in it the sincere and effective attempts made by **“Pulse Welfare Society”** over the year to carry on with a number of its objectives embodied in the bye-laws. The report also expresses the extent of trust of the organization for the all-round development of the rural mass, the down trodden and the neglected sections of the society through a series of initiatives.

**“Pulse Welfare Society”** the name signifies, has mobilized its endeavor for growth of education with particular emphasis on health, education, environmental protection, rural development, women empowerment and human rights. Organization began with very limited resources as well as manpower. The organization aims to the society through capacity building of the people. But apart from this, **“Pulse Welfare Society”** has not forgotten to see the community is much strengthened with provision of basic human needs, minimum amenities of life on equitable basis.

A healthy mind in a healthy body is more desirable than anything else in life. **“Pulse Welfare Society”** has taken much care to improve health and sanitation through adequate awareness.

Social justice is never possible without proper equable distribution of the country's resources. **“Pulse Welfare Society”**, therefore has put up much of its endeavor to see to see that the assistance and support of Govt. and Non-Govt. organizations meant for the public good must reach their appropriate destinations.

It is our immense pleasure to place the Annual Report before all our patrons, well-wishers and also critics from whom we imbibe a lot for our growth support and substance.

I express my sincere thanks to the resource person and experts for sharing their views and experiences in various programs conducted by **“Pulse Welfare Society”**. I also accord my heartfelt gratitude to the development agencies, govt. officials and well-wishers for the co-operation and support they have extended in materializing our objectives.

- **Md. Habibur Rahaman,**  
**Secretary**

**LEGAL STATUS**

Registration Under	Societies Registration Act 1860
Registered on	56423 of 2006 dated 28th August, 2006.
Registered by	Registrar of Societies, Govt. of NCT of Delhi
Income Tax Return	Organization files Income Tax Return every year to the Income Tax Department
FCRA No.	<b>231661099</b>
80-G (5) (VI) No.	DIT (E) I 2010-11/316 DEL-PE21899-19052010
12-A No.	DIT (E) I 2010-11/200 DEL-PR20768-19052010

### **CONTACT DETAILS**

Chief Functionary name	Mohd. Habibur Rahaman
Phone No	Ph. No. 011-23210628, 23230394 Mob. No.- 09999098111 / 9868506876
Email Id	pulse_service@yahoo.com
Website	www.pws.org.in

### **BANKER'S DETAILS**

Name of Bank	Axis Bank
Branch Name	Chandni Chowk (Delhi)
Branch Address	Address : 230b,231,232 & 230a, Coronation Hotel Building, Chandni Chowk 110006
Branch Code :	000254 (Last 6 Characters of the IFSC Code)
Account Name	Pulse Welfare Society
Account Type	Savings Account
Account Number	910010013355873
IFS Code	UTIB0000254 (5th character is zero)

MICR Code

110211028

## **ACCOUNTS AND AUDIT ARRANGEMENTS**

Pulse Welfare Society regularly conducts its accounts and brings out audited statement of accounts at the close of every financial year. The audited statement of accounts for the last 3 years is attached herewith. The name of the auditor and his office address with contact details are as follows:

**MOIN-UL-HAQ  
(CHARTETERED ACCOUNTANTS)**

Office No. 201, Building No. – 5096,  
Main Bazar Paharganj, New Delhi – 110055  
Tel: 011-23580076

## **ORGANIZATION FINANCIAL STATUS OF LAST THREE YEAR**

<b>Financial Year</b>	<b>Income &amp; Expenditure</b>	<b>&amp; Receipts Payments</b>	<b>&amp; Surplus</b>
<b>2016-2017</b>	4480675.00	4901095.00	78595.00
<b>2017-2018</b>	4854288.00	5354508.00	83029.25
<b>2018-2019</b>	4589239.00	5170999.00	40564.55

## **ASSETS OF ORGANIZATION**

- Building**
- Furniture**
- Computers**
- Water coolers**
- Transport**
- Books**
- Health Equipments**
- Printer and Phone**

## **ACTIVITIES**

### **ART & CULTURE ACTIVITIES**

Pulse Welfare Society works to promote high value of humanity, brotherhood, peace and harmony among people through cultural development activities. It works to create an environment of communal harmony and national integration in its working areas. In

this context several activities like, Independence Day Celebration, Republic Day Celebration, Cultural Shows in Evening, Performance of Folk Music and Dance, Stage and Street Plays, and PWS Annual Day Celebration are being organized in the working areas. Sometimes Society organizes cultural programme to promote peace messages. Society also organizes cultural events among children and adolescents to make them understand the diversity in culture in the country. We conduct awareness talks among students on the relevance and significance of different festivals of all religions. It creates a harmonious atmosphere among students as start knowing the importance and significance of the religions, which he/she does not belong.

### ○ DESIGN & TECHNICAL DEVELOPMENT PROGRAMME

Technical skill training was provided of Pulse Welfare Society to its beneficiaries in Malda District in West Bengal in 2018-2019.

We have evolved a number of innovative approaches to presenting the technical development content and skills, through systems that are complementary to the services offered by government agencies.

The end result of this field-based approach to the design of educational and development activities is programs which are owned and implemented by program beneficiaries—a product of their involvement in the process, of growing self-confidence and of mastery of the skills and technical information needed to do the job.

We have put efforts for linking non-formal education to development by working with professionals from technical sectors on linking non-formal education to development activities. We took assistance from the technical sectors to enhance their own programming.

We have provided training in vocational skills such as mobile repairing and electrical goods repairing so that the beneficiaries can become self-sufficient and earn a living.

### ○ EDUCATIONAL PROGRAMME

Pulse Welfare Society has to impart many kinds of learning to women and Child and Specially Blind Student like the learning of concepts, rules and principles, aesthetic discrimination etc., through problem solving and other skills. Inherent to the acquisition of these Kinds of learning are the development of the right of the right attitude and values.

It is important to realize that values can't not be entirely taught as a subject in school and the inculcation of values can do it be left only to the moral science or value education teacher. Every teacher of this society is equally responsible for this undertaking inside and outside the classrooms, for value education.

There are many procedure & influences through which a child forms its attitude and values.

The school & teacher is certainly one of the most important of these influences and it's worthwhile to find out the ways in which a school can most effectively carry out this duty.

In the year 2019, Educational Program for beneficiaries was organized. Resource persons were present for giving information to beneficiaries in the program. More than 300 beneficiaries attended the program. Besides, we educated them on various issues.

### ○ **BOOK FAIR CAMP**

Book fair was conducted on 19<sup>th</sup> to 21<sup>st</sup> Feb 2019. It's a very motivated fair in this fair more than 10 publisher come and takes part in that fair. 800 people come take it as valuable fair. They enjoy every part of that fair and they learn more about books specially youth.

### ○ **HANDICRAFT PROGRAMME**

Pulse Welfare Society conducted three craft-specific workshops to help artisans with new designs, tools, technology, techniques, raw material, etc. In these workshops we have had Indian consultants coming together to work with groups of 20-50 artisans at a time in **New Delhi**. Our main focus is on handicrafts made out of bamboo cane and jute. We have been working with artisans using stone, wood, low-cost jewellery, glass, puppetry, traditional art, etc.

### ○ **MICRO FINANCE PROGRAMME**

#### **SILK SAREE MAKING**

Pulse Welfare Society also participates in silk saree making. The women beneficiaries are a part of this programme. Whatever earning is made from silk saree making is distributed among the women beneficiaries. Silk Saree making helps the women in becoming self-sufficient.

#### **PLANTATION OF MANGO TREES**

Pulse Welfare Society activities also include plantation of mango trees. The women beneficiaries are a part of this programme. We make mango saplings from mango seeds. Then we sell the saplings in the market. Whatever earning is made from the sale of mango saplings is distributed among the beneficiaries.

#### **SILK YARN SPINNING**

Pulse Welfare Society also takes part in silk yarn spinning for silk saree making. The women beneficiaries are a part of this programme.

### ○ **POWER LOOM AWARENESS PROGRAMME**

We held a seminar for weavers on the subject "Efficiency Improvement in Textile Power looms" in December 2018. About 250 persons participated in the seminar.

We held seminars and lectures for school teachers and students for awareness programme on Energy Conservation and how to save electrical energy and also how to

carry out Energy Audit in school, home and society. About 120 teachers and 500 students from three different districts of West Bengal participated.

### ○ **WORKSHOP, SEMINAR FOR AWARENESS ON HANDICRAFTS**

Pulse Welfare Society conducted three craft-specific workshops to help artisans with new designs, tools, technology, techniques, raw material, etc. In these workshops we have had Indian consultants coming together to work with groups of 20-50 artisans at a time in Malda district in West Bengal. Our main focus is on handicrafts made out of bamboo cane and jute. We have been working with artisans using stone, wood, low-cost jewellery, glass, puppetry, traditional art, etc.

### ○ **RETAILER TRAINING PROGRAMME**

Retailer Training Programme: The Society has been conducting Retailer Training course with own fund of the society and providing training on every retail sector. Keeping the importance of retail education in mind, Pulse Welfare Society has initiated Retailer Training Programme for young boys and girls. There is one center is being run in which 15 trainees are getting training.

### ○ **TELECOM TRAINING PROGRAMME**

Telecom Training Programme: The Society has been conducting Telecom Training course with own fund of the society and providing training on every Telecom sector Keeping the importance of Telecom Technical in mind and Telecom training and telecom for Engineers and Non-Engineers. Pulse Welfare Society has initiated Retailer Training Programme for young boys and girls. There is one center is being run in which 15 trainees are getting training.

### ○ **CHILD LABOUR AWARENESS CAMP**

Child Labour is a matter of concern. Due to poverty many children in Delhi are forced to work as child labours. We work with a firm conviction that no child works and that all children in the 5-14 years age group must be in school. In other words we recognize the inextricable link between the program for universalization of education and abolition of all forms of child labour. We follows an 'area-based approach' as against a target based approach. It seeks to address the rights of the entire universe of children- both in school and out of school- in the 5-14 years age group in its area of operation i.e. New Delhi.

### ○ COMPUTER TRAINING PROGRAMME

Computer Training Program is organized in **RAAFIAH COLLEGE OF EDUCATION** in Rural Area **Sahaswan, Badaun District Uttar Pradesh** to improve the educational and socio-economic conditions of the marginalized communities through voluntary efforts.

Computer training was given to 50 beneficiaries to upgrade skill to enable them to start Income generating activities on their own or get gainfully employed in some sector or the other.

### ○ AWARENESS CAMP ON FOOD CONSUMER WELFARE ACTIVITY

Many children in the BPL families are suffering from malnutrition. Awareness Camp on the importance of healthy diet and food was organized in Malda district in West Bengal in February 2018.

Pulse Welfare Society has been playing a pioneering role for the welfare of the consumers at the national level. It has been organizing comprehensive integrated multi-pronged program to protect and promote the rights of the consumers of Delhi and West Bengal, especially the unaware and vulnerable sections.

Information was disseminated on various components of consumer affairs activities in the country such as redressed Agencies and Their Functioning, Consumer Protection act. etc.

### ○ RURAL DEVELOPMENT PROGRAMME

Pulse Welfare Society arranged a programme in **Rural Area Sahaswan Badaun District Uttar Pradesh & Rural Area of Delhi** for rural development in which society delivered some awareness, demonstration, practicals etc. for the Drinking water. Society helps them to make rain water harvesting process and also teach them about it. This is come to notice that all people who attended the programme are now using same process. Society also teaches them about the how they can save valuable Drinking Water the help of each other.

This water harvesting camp also helped the poor farmers and people and resolves their problem of drinking water also. Through this now they are able to get water in that period in which they can't think about it. This type of work give us boost to do other rural developments for the poor families so that we use to teach them time to time and also give them support to do that work which can be beneficial for them. This programme also development and presented by our **Secretary Mohd. Habibur Rahaman** who thinks that the low section is the base of our future India which needs to get our help. The poor farmers who are not able to get the seeds for their field only can survives on labour work in other rich farmer fields. Our Society give them normal direction what

should they can do or not do in their field and get benefit of it. Because laboring is not the survival method for long term in their life.

Pulse Welfare Society follow practically proved strategies like grouping the women, improving collection activities, saving and thrift culture, micro credit, bank linkage, arrange micro finance service, mitigate borrowing from the local money lenders, improving the skill of women, counselling, entrepreneur.

### ○ **SKILL DEVELOPMENT TRAINING PROGRAMME**

Pulse Welfare Society is introducing various job-oriented training courses through its skill development training program. Right now we are providing training in data entry training. We aim to conduct various training program to create the requirement of skilled / semi-skilled manpower in the concerned field. Our aim at vocationalisation of higher secondary education. In future our designated trades for the technician (vocational) apprentices will be Office Management and Pre-School & Crèche Management.

**The Venue for the Skill Development Training Programme:**

**RAAFIAH COLLEGE OF EDUCATION in Rural Area of Sahaswan, District Badaun Uttar Pradesh.**

Address: Raafiah College of Education, Sahaswan Bisouli Road, Near Dak Bangla (Petrol Pump), Post Sahaswan, Budaun U.P. 243638

### ○ **VOCATIONAL TRAINING PROGRAMME**

Vocational Training was provided to the youth in many districts in West Bengal. Vocational training for skill development of the youth was provided to the poor youth in West Bengal so that they can earn a livelihood to sustain themselves and their families.

Vocation Training for women are being organized to make them self-reliant through initiating their own small business. For this skill development of the beneficiaries is very important and necessary. If women are financially independent, she can look after the wellbeing of her entire family. Keeping this though in the mind, vocational training for women was started by the organization. Gradually vocational training run by Pulse Welfare Society has started receiving good and warm response from the beneficiaries' side. Now a day it is a successful and self-sustain program of the organization.

### ○ **BOOKS & STATIONARY DISTRIBUTION CAMP**

Pulse Welfare Society undertook the program of distribution Stationary (Education Material) to School throughout the year. Free Distribution of Stationary (Education Material) as a

book copy pencils Eraser Shopner, Trust arrange to the people including for backward SC, ST, and OBC.

### ○ **EMPLOYMENT GENERATION PROGRAMME**

Every year training is provided to the targeted beneficiaries in Malda District in West Bengal with the following objectives:-

1. To enable groups of women to enhance their earning capacity by employment-cum-income generation programs,
2. To train them in managerial entrepreneurship and marketing skill so that both backward and forward linkages can be established,
3. To help in asset formation in income generation.

### ○ **ENVIRONMENTAL AWARENESS PROGRAMME**

As far as work for environmental issues are concerned, Pulse Welfare Society has been working for creating program particularly among youth & children about various issues of environmental concern in its working areas. Awareness activities are being organized among School going & non-school going children both. Environmental Pollution Prevention Camp was organized.

### ○ **FOUNDAMENTAL EDUCATION FOR CHILDREN**

In Raafiah College of Education in Rural Area of Sahaswan, District Badaun of Uttar Pradesh State, various program are organized to provide fundamental education to children. Three such program were organized in 2018-19.

### ○ **CAMP FOR EMPOWERMENT OF WOMEN**

We organized workshops for gender sensitivity and women safety in **Mata Sundari Road in New Delhi on 23<sup>rd</sup> September, 2018**. The comprehensively program made women aware such as identifying danger signs, trusting your intuition, dealing with sexual harassment at work places, staying alert, mitigating risks while on roads, simple moves & presence of mind to protect yourself.

The key is how to manage one's fear and leverage one's fight or flight response to become more effective, how to confront, negotiate, diffuse conflict and use appropriate communication.

Also debating on common perception of learning self-defense techniques for use in all situations or running away or negotiating with attackers is a better option.

### ○ **HIV/AIDS AWARENESS CAMP**



This Organization organized HIV/AIDS awareness public 6 camps were organized in West Bengal. We provided information for taking precaution from HIV/AIDS and told about safe sexual methods. We also distributed leaf-lets and organized songs & drama based on HIV / AIDS.